23 Claims A process for increasing the yield of plants, characterized in that recombinant 1. DNA molecules containing a region allowing the transcription specifically in the companion cells; and operatively linked thereto a nucleotide sequence encoding a polypeptide selected from the group (b) consisting of: proteins with an enzymatic activity that cleaves sucrose; (i) (ii) sucrose transporters; proteins the activity of which leads to the stimulation of the proton (iii) gradients located at the plasma membrane of plant cells; and citrate synthases; (iv) and which are stably integrated into the genome of plants are expressed. 2. The process of claim 1, wherein the nucleotide sequence encodes a plant protein. The process of claim 1, wherein the nucleotide sequence encodes a protein 3. from a bacterium or a fungus. The process of claim 1, wherein the nucleotide sequence encodes a protein 4. with an enzymatic activity that cleaves sucrose, selected from the group consisting of sucrose synthases, sucrose phosphorylases and invertases. 5. The process of claim 1, wherein the nucleotide sequence encodes a sucrose transporter from Spinacia oleracea. 6. The process of claim 1, wherein the nucleotide sequence encodes a proton ATPase. The process of claim 6, wherein the nucleotide sequence encodes a proton 7. ATPase from Solanum tuberosum or from Saccharomyces cerevisiae.